



# Health & Wellness Track

Kenya Kingdom Impact Trip 2026 • Kakamega & Mombasa •  
April 22 – May 7, 2026

"Leaving lasting health infrastructure, not just short-term clinics."

**TPC Ministries • Institute for Human Advancement • Uplift Communities •  
Kenyan Diasporic Alliance**

In Partnership with Rise Church Kenya

# The Vision

## Building, Not Just Serving

Western Kenya and coastal Mombasa are home to communities with limited access to quality healthcare. The Health & Wellness Track brings skilled medical professionals, telemedicine infrastructure, and lasting partnerships directly to the people who need them most.

Every clinic, training session, and partnership is designed to remain functional and impactful long after our team returns home.

## Multiple Day

Medical Camp —  
Kakamega & Mombasa

## Telehealth

Permanent  
Infrastructure



Lasting Impact in preventative, primary, and maternal health measures

TRACK LEAD

# Dr. Michele Y. Griffith

## Health & Wellness Track Lead

Dr. Michele Y. Griffith brings over three decades of clinical excellence, global digital health leadership, and an uncompromising commitment to healthcare equity to the Kenya 2026 mission.

### Training

Yale School of Medicine • Columbia University College of Physicians & Surgeons • Harvard Medical School Residency

### ISfTeH President

First woman elected President in the organization's 25-year history. Addressed the 75th World Health Assembly representing digital health in 100+ countries.

### Telemedicine Pioneer

Early telehealth adopter since 2008. Chief Health Equity Officer. Driving mission: increasing healthcare access for underserved and unserved populations worldwide.

### Clinical Expertise

30+ years in Internal Medicine. 15 years in Lifestyle Medicine.

APRIL 26–30, 2026

# Kakamega Medical Camp

## High-Volume, Community-Wide Medical Service

Kakamega is western Kenya's most populous county — a deeply rural region with significant unmet healthcare need. Our medical camp is designed for volume, serving the mass of community members over multiple intensive days of high-impact frontline medicine.



### General Medical Consultations

Primary care screenings, diagnoses, and treatment for adults, children, and elderly — across a range of presenting conditions.



### Maternal & Child Health

Prenatal consultations, maternal health screening, and pediatric care — one of the region's most critical unmet needs.



### Preventive Care & Education

Chronic disease screening, nutrition counseling, and health education — equipping communities to prevent the next illness.



### Local Doctor Collaboration

Side-by-side service with Kenyan physicians — sharing clinical protocols and strengthening local capacity from day one.

# Local Doctor Training & Liaison

## Building Kenyan Medical Capacity from the Inside Out

Our team works alongside Kenyan doctors, nurses, and health workers — sharing expertise, building relationships, and leaving behind stronger local capacity than we found. This is partnership at the clinical level.

1

### Collaborative Clinical Service

U.S. and Kenyan physicians serve together — sharing clinical decision-making, case reviews, and best practices in real time.

2

### Telemedicine Orientation

Introduction to telehealth tools for local providers — laying the foundation for permanent infrastructure. Kenyan providers are co-operators, not passive recipients.

3

### CME & Training Sessions

Continuing medical education covering internal medicine, Lifestyle Medicine, telemedicine protocols, and preventive care — grounded in the Kenyan clinical context.

4

### Long-Term Peer Relationships

Peer mentorship pairings between U.S. and Kenyan physicians — continuing through video consultation and sustained professional exchange long after departure.

INFRASTRUCTURE THAT STAYS

# Telemedicine Initiative

## Access That Lasts

Led by Dr. Michele Griffith — President of ISfTeH, the global leader in telemedicine and eHealth — our telehealth initiative seeks to establish **permanent remote care infrastructure** connecting rural Kenyan communities to quality healthcare long after we leave.

### Infrastructure Setup

Hardware & connectivity installation in Kakamega and Mombasa. Telehealth platform deployment, consult workflow, and triage protocol development.

### Provider Training

Training local doctors and nurses on telehealth tools, secure patient data protocols, and ongoing remote mentorship post-trip.

### Patient Access Design

Community registration, priority access pathways for maternal and chronic care patients, and appointment scheduling systems.

### Long-Term Partnership

ISfTeH network connection linking Kenyan facilities to global digital health. U.S. physician consultation for complex cases. Annual expansion planning.

MAY 1–4, 2026

# Mombasa Health Outreach

## Taking the Mission to Kenya's Coastal Communities

While the full medical camp is centered in Kakamega, our health work continues in Mombasa. The format mirrors our approach — serving alongside local providers, reaching underserved populations, and establishing connections that persist after the team departs.

### Community Health Screenings

Health assessments, chronic disease screenings, and referral pathways. For many, this will be their first contact with a physician in years.

### Local Provider Partnerships

Working alongside Mombasa-based clinics and health workers — sharing resources, training, and establishing long-term allies, not short-term service partners.

### Health Education Programs

Community workshops on preventive health, nutrition, maternal wellness, and managing chronic conditions — practical knowledge communities can apply and pass on.

### Telehealth Extension

Extending the telemedicine infrastructure from Kakamega — connecting Mombasa facilities to the same network, creating a connected healthcare ecosystem across both regions.

# The Long-Term Vision

Our team is on the ground now — discovering needs, building relationships, and laying the foundation for what comes next. **This trip is the beginning, not the destination.**

## 2026 Trip

Kakamega 2–3 day medical camp • Mombasa health outreach • Local doctor training • Telemedicine infrastructure explored/clarified • Needs assessment completed

## Long-Term Goals

Primary care infrastructure in underserved areas • Maternal health system with prenatal & postnatal support • Annual medical camp as a repeatable model • Global network connection

1

2

3

## Building Forward

Permanent telehealth clinic operational • U.S.–Kenya physician peer network active • Local healthcare workers trained • Ongoing remote consultations running

# What Success Looks Like

We measure impact by lives served, infrastructure built, and partnerships that outlast the trip — by **what's still running six months after we leave.**

## During the Trip

- Kakamega medical camp fully operational
- Hundreds to thousands of community members seen and served
- Maternal & child health consultations delivered
- Local Kenyan doctors trained and working alongside us
- Telemedicine systems outlined/mapped
- Mombasa health outreach completed
- CME sessions delivered to local healthcare workers

## After the Trip

- Permanent telehealth clinic serving patients remotely
- Kenyan providers trained and using telehealth independently
- U.S.–Kenya physician peer relationships active and ongoing
- Maternal health follow-up system in place
- Needs assessment informing the following year's design
- A repeatable, scalable model for annual health impact
- Network connections generating ongoing support

# Partner With Us

## Health & Wellness Track

We are building a health mission that outlasts the trip — and we need partners on every side. Whether you travel with us, donate equipment, fund the camp, or connect your institution, your partnership creates infrastructure that serves Kenyan communities long after our team comes home.

### We Are Looking For

- Physicians & nurses willing to serve on the ground
- Telehealth specialists and remote care experts
- Healthcare organizations willing to donate equipment or supplies
- Pharmaceutical and medical supply partners
- Hospitals and clinics interested in ongoing telehealth partnerships
- Maternal and pediatric health specialists

### What Your Partnership Enables

- Telemedicine infrastructure serving communities long-term
- Primary and maternal care for hundreds of patients
- Health education reaching populations with no other access point
- A permanent telehealth clinic in Kakamega and Mombasa
- Connection to the ISfTeH global digital health network

# Get Involved

## How to Join the Health & Wellness Track



### Serve on the Ground

Travel as a physician, nurse, or health professional. Medical camp runs April 27–30 in Kakamega; Mombasa outreach May 1–4. Approximately 8–9 days on the ground — minimizing time away from practice.



### Donate Equipment

Donate medical supplies, equipment, or telehealth hardware. Every item goes directly to underserved Kenyan communities and contributes to permanent infrastructure.



### Sponsor the Medical Camp

Fund the medical camp directly — covering supplies, medications, equipment, and operational costs for 2–3 days of mass community service. Direct, visible, measurable impact.



### Partner Your Organization

Connect your hospital, clinic, or health organization with our Kenyan partners. Co-brand, send a delegation, or formalize an institutional telehealth relationship extending far beyond 2026.

📄 **Apply:** [www.tpcmin.org/kenya](http://www.tpcmin.org/kenya) | **Give:** [www.tpcmin.org/kenya/give](http://www.tpcmin.org/kenya/give) | **Email:** [info@tpcmin.org](mailto:info@tpcmin.org) | **IHA:** [www.humanadvancementinstitute.org](http://www.humanadvancementinstitute.org)

**TPC Ministries • Institute for Human Advancement • Uplift Communities • Rise Church Kenya**